

Dr. Perpetual Anastasia Adjwoa Baiswa Hayfron



Dr. Perpetual Anastasia Adjwoa Baiswa Hayfron is a multidisciplinary humxn, altruistic hedonist and Black Feminist scholar with a ferocious zeal for critical inquiry, holistic humxn welfare and the spiritual liberation of Black people. Her Ghanaian and Liberian ethnicity deeply influenced her doctoral research at the University of Massachusetts Boston, which explored how global anti-Blackness impacts the mental health of Black Millennial Womxn (BMW) pursuing post-secondary education.

Inspired by the spirit of healing, advocacy, and radical self-love, Perpetual utilizes her humxn service skills to aid marginalized individuals and families across the birth continuum in her vocation as a Full Spectrum Doula. Drawing on over two decades of work experience in humxn services and education, she alchemizes her heritage, education, vocational

experience and critical, Black Feminist worldview to curate somatic sites of liberation for people who inhabit Black bodies.

As a first-generation Black, queer, millennial womxn and art school graduate, Perpetual normalized chaos that was detrimental to her spirit and conflicted with her identity to survive. Resigned from survival, sovereign and living, she has committed to working with communities marginalized by anti-blackness and capitalism. Particularly within Boston's overlooked and institutionalized populations, Perpetual's experiences have cultivated a deep empathy and compassion for others, her work requires prioritizing humxn welfare and honoring our inherent value.