

Jamila Batts Capitman



Jamila Batts Capitman, MA, brings passion, creativity and warmth to work with individuals and groups. Her direct approach is an invitation for self reflection, awareness and soulful connection. With a focus on self compassion, Jamila invites clients to explore the relationship between their individual and collective identities and their life experiences/ mental health. Jamila sees the therapeutic relationship as an opportunity for grounding connection, exploration, and growth. Jamila runs Drama Therapy groups, using the art of theater as a modality for healing and connection. She also provides one on one Mental Health Counseling at the Simmons University Counseling Center and spent 13 years as a youth development specialist, educator and Diversity, Equity and Inclusion consultant, all of which inform her practice.