

Liz Najjar, Leadership Coaching, Strategic Planning and Facilitation, LMHC



Liz Najjar is the Founder and Executive Director of Shadida Solutions, a 501(c)3 whose aim is to build the individual and collective leadership of those supporting communities most impacted by systemic inequity. She is deeply passionate about helping innovators, creators, and leaders identify thoughtful and sustainable strategies to elevate their impact, increase capacity and foster connectedness. Liz integrates her strengths-based clinical training with her direct experience leading schools and nonprofits to support leaders in reaching their full potential.

As a Licensed Mental Health Counselor, with more than 20 years of experience working in various school and nonprofit leadership positions, Liz has learned that helping individuals build on their skills can impact the pathway of not only one person, but all those around them. She was the Chief Operating Officer at the Lewis Family Foundation – Boston where she managed a \$4M budget and created systems to help partner and support the work of community-based organizations in the communities of Dorchester, Roxbury, and Mattapan. Additionally, as a former school administrator and Director of Guidance and Counseling, Liz developed and implemented comprehensive student support, counseling and wellness services as well as clinical supervision in multiple schools. Previously, she held a Practicum Lecturer role at Harvard University's Graduate School of Education in the Prevention Science and Practice Program developing young professionals.

In her current role driving the work of Shadida Solutions, Liz focuses on creating experiences, whether through facilitation, advising, coaching, or program development, that encourage curiosity, courageousness, and authenticity within participants. She believes in practicing these qualities as she continues to learn, create, and collaborate with a group of incredible innovators.