

Tiffany Vassell



Tiffany Vassell is the Co-manager of Community Engagement and Communications at the Neighborhood Birth Center. She is also a registered nurse who has worked as a labor and delivery nurse for almost ten years. She has also served as a substance use nurse, assisting patients with their recovery at clinics in Boston. She is a Black maternal health advocate who supports midwifery care, equity, reproductive justice, bodily autonomy, and access to out-of-hospital birth options.

She co-authored the award-winning book 'Preparation for a Hospital Birth.' In the book, she seeks to demystify birthing in the hospital in ways only a nurse can explain. She aims to educate

birthing people about the many available options during labor, delivery, and the immediate postpartum periods while in the hospital to create a safer and more autonomous experience.

She is a Board Vice President of the Bay State Birth Coalition. She founded the Nurses for Black Maternal Health and Equity Organization to diversify the perinatal workforce. She serves as a steering committee member for Mind the Gap and Birth Equity & Justice Massachusetts. She is the Co-Chair of the Harvard Catalyst Community Coalition for Equity in Research and the Chair of the Massachusetts DPH Public Health Data Warehouse Community Advisory Board, both of which seek to provide high-quality input on proposals and protocols.

She has sat on several panels to discuss her work and advocacy in the maternal health space.

She completed the Young American Leaders Program at Harvard Business School in 2023. Her book won the 2024 National Black Nurses Association award for exceptional literary work promoting maternal health equity. She is a Sigma Theta Tau Nursing Honor Society for Leadership member. She is the awardee of the 2022 Image of the Professional Nurse awarded by the Massachusetts Nursing Association. She is also one of the 2022 Ten Outstanding Young Leaders awarded by the Greater Boston Chamber of Commerce.